



Redmond Parks and Recreation Department  
Medical Information and Authorization

Please fill out and bring to first class.  
Copies of this form are accepted.

After Hours - 1<sup>st</sup> Semester 2015-16

Participant's Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Doctor/Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_

Special Information: Medication, allergies (bee sting, foods, etc.), limitations, surgery, heart, etc.:

Waiver of Liability: Should an emergency occur, for which I cannot be contacted, I/we will allow my/our child to be treated by a hospital, physician, or other certified medical personnel in the event of injury, accident, or illness. I/We further agree to assume all risks and hazards incidental to such participation, including transportation to and from the activities and do hereby waiver, release, absolve, indemnify, and agree to hold harmless City of Redmond Parks and Recreation Department, park supervisors, instructors, volunteers, and authorized persons transporting myself or my/our child for any claim arising out of any injury to myself or my/our child, except injury caused by or resulting from the sole negligence or concurrent negligence of the City or its agents. I also authorize the use of photographs and/or videotapes of my child/children/ward or myself as part of the City of Redmond promotions.

☐ If you do not want your photos or videos published, please check the box, and give this form to program staff.

Signature(s) \_\_\_\_\_ Date \_\_\_\_\_

Lake Washington School District does not sponsor, endorse, or recommend any of the organizations, services, or activities described in these materials. In consideration for the privilege to distribute these materials, Lake Washington School District shall be held harmless from any causes of action filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees, judgments, or awards.



ABOUT

After Hours at Rose Hill Middle School (RHMS) and Stella Schola is an afterschool enrichment program run in partnership with RHMS and the City of Redmond. Each semester we offer clubs, classes, and field trips. Take a look inside the brochure and register for this semester's offerings. Classes and field trips are subject to cancelation if minimum numbers are not met. Scholarships are available.

CONTACT US

Contact us for more information on programs, scholarships or registrations.

WEB [redmond.gov/teens](http://redmond.gov/teens)

EMAIL [afterhours@redmond.gov](mailto:afterhours@redmond.gov)

CALL 425-556-2300



AFTER HOURS

1<sup>st</sup> Semester 2015-16

Rose Hill Middle School  
& Stella Schola

Wednesday afterschool clubs,  
classes, field trips, & more!



## Clubs

### After Hours at RHMS & Stella Schola

- Wednesdays from 1-3pm
- Located in the school commons
- Clubs change every 4-6 weeks
- Choose from a variety of clubs that are youth driven
- Snacks are provided
- Students signed up for classes or field trips will receive a snack before being transported
- Parties and celebrations featured each semester

### 1<sup>st</sup> Semester Clubs

Students will sign up for clubs during After Hours. Our Clubs this semester include...

<b>Field Sports</b>	<b>Baskets &amp; Bases</b>
<b>Engineering Creations</b>	<b>Invention Challenge</b>
<b>DIY Crafts</b>	<b>Visual Art</b>

## Trips

**TILlicum VILLAGE #55793**  
Friday, Oct 16, 8am-4pm Fee: \$60  
Loc: Old Fire House Teen Center

Tillicum Village showcases Pacific Northwest Native American culture through dance, music, and food. We'll embark on an Argosy Cruise from Seattle to Blake Island where we will enjoy a meal and learn more about local history. Lunch and Transportation included.

**ANIMATION USING LEGOS! #55928**  
Wednesday, Nov 11, 9am-4pm Fee: \$70  
Loc: Old Fire House Teen Center

Reel Grrls is an award winning youth media arts non-profit that is proud to partner with Redmond Teen Programs to host a one day workshop teaching students media literacy and story telling by using apps and technology to create fun stories using Legos.

**TEEN TRIPS: WINTER BREAK #55794**  
Dec 21-23, 9am-4pm Fee: \$150  
Loc: Old Fire House Teen Center

Kick back and enjoy your winter break with these fun and exciting outings. Each day we'll embark on a new adventure. Trips include Bowling at Tech City Bowl, the Pacific Science Center Grossoloy Exhibit, and Ice Skating in the Bellevue outdoor rink.

## Classes

**INTRODUCTION TO GLASS BLOWING #55747**

Mondays, Oct 5-26, 3-5pm Fee: \$156  
Loc: Redmond School of Glass

In this four week course, a professional glass artist will teach the art of blown glass. Every student will make a paperweight, ornament, and small bowl. Students must wear closed toe shoes and long cotton or natural fiber pants.

**PARKOUR BY MOVEFREE ACADEMY #55790**

Tuesdays, Nov 3-24, 3:30-5pm Fee: \$120  
Loc: Old Fire House Teen Center

Learn how to control your body through fun, physical, and mental challenges. Play games, learn new skills, progress your strength, and dominate obstacle courses while optimizing your ninja potential.

**GIRL TALK: CONFIDENCE, LEADERSHIP AND FRIENDS #55791**

Mondays, Nov 2-Dec 7, 3:30-5pm Fee: \$275  
Loc: Old Fire House Teen Center

Through a playful and interactive group experience, girls will learn how to get the most out of their friendships, express themselves fully, and make positive changes. Taught by teen life coach, Sheri Gazitt, of Teen Wise. Inspired by Rachel Simmons' research and teachings.

**TEEN ROCK CLIMBING #55795**

Tuesdays, Sep 22-Oct 27, 3-4:30pm Fee: \$210  
Loc: Vertical World

Rock climbing is a way great to be active, build strength, and utilize strategy techniques to make it to the top. Learn basics of rock climbing or just improve your skills. Perfect for climbers of all levels.

**REDMOND RIPPERS SKATE CLUB #55796**

Wednesdays, Sep 16-Nov 4, 4-5:30pm Fee: \$200  
Loc: Edge Skate Park

Push your skateboarding skills to new heights! Team practices are every week for 8 weeks with professional instructors. Team members will learn new skills, learn how to compete in events, and will receive a shirt & trophy. This club is open to skaters ages 6-16 of all levels.

**CHESS - SKILLS & STRATEGY #55903**

Thursdays, Oct 1-Nov 5, 3-4:30pm Fee: \$189

Loc: Old Redmond Schoolhouse Community Center, Room 204  
Improve your critical thinking skills, memory, logic, and mathematics. Work on the fundamentals of chess tactics in a fun, interactive environment. Class is for Middle School students in grades 6-8.



## AFTER HOURS REGISTRATION

Rose Hill Middle School & Stella Schola

Use this registration form to sign-up for club sessions, classes, and field trips. Tally up your payment total at the bottom.

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### Clubs

1<sup>st</sup> Semester 2015-16

<input type="checkbox"/>	#55919	Wednesdays, 1-3pm \$45
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### Trips & Classes

Check-off the programs you are choosing to participate in

<input type="checkbox"/>	#55793	Tillicum Village \$60
<input type="checkbox"/>	#55928	Animation Using Legos \$70
<input type="checkbox"/>	#55794	Teen Trips: Winter Break \$150
<input type="checkbox"/>	#55747	Intro to Glass Blowing \$156
<input type="checkbox"/>	#55790	Parkour by MoveFree Academy \$120
<input type="checkbox"/>	#55791	Girl Talk: Confidence, Leadership, & Friends \$275
<input type="checkbox"/>	#55795	Teen Rock Climbing \$210
<input type="checkbox"/>	#55796	Redmond Rippers Skate Club \$200
<input type="checkbox"/>	#55903	Chess: Skills & Strategy \$189

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### Payment Total

Please total your payment below.

We accept Visa/MC, Cash, or Checks payable to City of Redmond.

Total	\$
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Need a Scholarship? Please ask for a scholarship form.

### 3 Ways to Register

1. Return this form with payment to After Hours staff at the school
2. Call 425.556.2300
3. Online at [www.redmond.gov/register](http://www.redmond.gov/register)

Please fill out  
both sides of  
this form

